Assignment for Submission

04

Plan Your Research

1+ Hours

My research is on Diabetics Risk reduction Healthcare service in India. On my part of research I visited the on the top Hospital to know the current healthcare service provided to reduce Diabetic risk among youth.

A. People to Learn from (3+ individuals)

1. Dr. Shawna
2. Madhuri Oturkar
3. Deepak Gundpatil
4. Nandani Ramchandran
5. Izak Shreesunder

B. Experts to Speak to (1+ expert)

1. Dr. Shivkant Narayanrao Patil
2. Dr. Rajesh Badani

C. In-Context Immersion Locations (2+ locations)

1. Start Hospital , Akudi Pune
2. Aditya Birla Hospital , Chinchwad, Pune

D. Analogous Inspiration Locations (1+ location)

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05

Build A Discussion Guide
1+ Hours

Now it's time to create a discussion guide to prepare for your interviews. It's best to create your question guide in teams   of two or three people. You'll likely need more space than this worksheet, so use your notebook to write down additional questions. Start building questions following the structure below.

Open Specific
What are some specific questions you can ask to open the   conversation and help people feel comfortable?

Examples
- What did you and your family eat yesterday?
- Describe your last family meal. Who was there? Where did it   take place?
- Do you have any specific mealtime rituals in your family?

1. What type diabete is more common in Indian youth?
2. Do you know someone having diabetes? Tell me about him or her.
3. What are the risks of getting diabetes? How to prevent them?
4. Describe a typical meal suggested for Diabetics patient.
5. How many servings do you normally take?
6. Do you suggest to record blood sugar level regular interval?
7. Do you suggest any Mobile App to Monitor Diabetic issue ?

Then Go Deep
What are some questions that can help you start to understand this person's hopes, fears, and ambitions?

Examples
- Draw your dream grocery aisle. What would be on the shelves, the coolers?
- Describe your favorite meal. What do you love about it?
- Imagine you can only eat one meal everyday. What would it be and why?

Hypothesis: People want to know their risk of getting diabetes.
1. What do you know about diabetes?
2. Do you know someone having diabetes? Tell me about him or her.
3. Do you think you might be at risk of getting diabetes? Why? Why not?
   Hypothesis: It is important for people in the process of losing weight to have contact to others.
   ▪ Whom would you tell if you want to loose weight?

Hypothesis: People having diabetes sometimes forget important tasks in their everyday life.
   ▪ Do you sometimes forget things?
   ▪ What do you forget often?

RESEARCH TIPS

Ask questions that will allow you to learn details related to each of these key categories:

Personal Details
Who are you meeting and what are their demographics (profession, age, location, etc.)?

Motivations
What do people care about the most?
What motivates them?

Frustrations
What frustrates them? What needs do they have that aren't being met?

Interactions
What is interesting about the way they interact with their environment?